ANN ARBOR FIGURE SKATING CLUB

Therapeutic Skating Class





AAFSC, a non-profit organization, is proud to offer a therapeutic skating class for young people with special needs. This program developed by US Figure Skating has been proven to improve fitness, strength, balance, flexibility, socialization, and selfesteem.

Winter 2018 Sessions

January 13, 20, 27 February 3, 10, 17, 24 March 3



Classes are offered Saturday mornings from 9:15-10:05. Cost is \$80 for the 8 week session, plus a once-yearly club membership fee of \$35. Skate rental is included and helmets are highly recommended. Registration is limited on a first come/first served basis. For more information, please contact Mary Johanson at (734)660-4442 or coachmaryjohanson@gmail.com