

ANN ARBOR FIGURE SKATING CLUB

Therapeutic Skating Class



AAFSC, a non-profit organization, is proud to offer a therapeutic skating class for young people with special needs. This program developed by US Figure Skating has been proven to improve fitness, strength, balance, flexibility, socialization, and self-esteem.

Fall I & Fall II Sessions

Fall I: September 9, 16, 23, 30

October 7, 14, 21

Fall II: October 28

November 4, 11, 18

December 9, 16

Classes are offered Saturday mornings from 9:15-10:05. Cost is \$70 for the 7 week Fall I session, and \$60 for the 6 week Fall II session, plus a once-yearly club membership fee of \$35. Skate rental is included and helmets are highly recommended. Registration is limited on a first come/first served basis. For more information, please contact Mary Johanson at (734)660-4442 or coachmaryjohanson@gmail.com

